

Stay Focused as You Train
1 Timothy 4:7-10
Dr. Buddy Perstrobe, Senior Pastor
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Focus: As a believer you must intentionally and diligently train yourself in godliness.

- 1. Set your focus on godliness**
Godliness is devotion in action (J. Bridges)
 - A. Fear God**
 - B. Love God**
 - C. Desire God**

- 2. Train yourself in godliness**
 - A. Take personal responsibility**
 - B. Commit to the spiritual disciplines**
 - **God's Word**
 - **Prayer**
 - **Worship**
 - **Service**
 - **Sharing Christ**
 - **Giving**
 - C. Practice these disciplines**

- 3. Recognize the value of godliness**
Godliness has value
 - A. In life**
 - B. For eternity**