1. Strive so hearts will be encouraged in Christ
   A. Strive to share the Gospel
   B. Strive in prayer for others
   C. Strive to encourage believers in the Word

2. Strive so lives will be connected in the church
   Being knit together in love means:
   A. Unity in the body
   B. Harmony with the body
   C. Charity for the body

3. Strive so faith will be anchored in understanding